

Wilmington Gastroenterology Associates

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If you need to reschedule your procedure date: call 362-1011, choose option #4
If you have any questions about your preparation, call the Prep info Line: 362-1011 Option #3

Procedure Date: _____ Location: _____ Arrival Time: _____

Instructions for EGD or ERCP Preparation

Esophagogastroduodenscopy (EGD):

This is a procedure that allows your doctor to exam your esophagus, stomach and duodenum (i.e. the upper intestinal tract). The procedure takes approximately 15 to 30 minutes but due to the requirement of IV sedation, you will be in the Endoscopy Unit approximately 2-3 hours.

EGD / ERCP Preparation:

1. If you take Plavix, we would like you to **stop it 7 days before your test**, *but check with your doctor first*. If you are on aspirin, do not stop the aspirin.
LAST DOSE: _____
2. If you take "blood thinners" or Coumadin (warfarin), we would like you to **stop it 5 days before your test**, *but check with your doctor first*.
LAST DOSE: _____
3. If you are diabetic, **DO NOT** take your insulin or your oral diabetic pills on the day of the procedure but do bring them with you to the procedure.
4. Do not eat or drink after midnight for a morning procedures (can have a few sips of water with medications). If procedure is after 12noon can take clear liquids up to 7 AM on the morning of the procedure.
5. Take Heart, BP, Seizure, Breathing, & Chronic pain medications on the morning of the procedure **with a few sips of water before 7:00am:** _____

6. You will need a responsible adult to come with you, stay during the procedure, and drive you home after the procedure. The procedure WILL NOT be done if the responsible party leaves the facility for any reason!!!

7. Your doctor will tell you and your escort the initial results immediately after the test and recommend appropriate follow up. If biopsies are taken, you will be called with the results in 1-2 weeks or when available. If you have not heard from us within 2 weeks, call our office to check on your results.