

WILMINGTON GASTROENTEROLOGY ASSOCIATES

910-362-1011

Patient Instructions for Capsule Endoscopy

Patient Name: _____ MD: _____ Chart#: _____

Your test is scheduled for _____ at _____
(Date) (Time)

DX: _____ **cc to billing:** _____ (initials)

This is an 8-hour test. Please allow about 30 min in the morning and 30 min in the late afternoon to return to the office for completion of your test.

*If you are taking Iron, Carafate, Multi-vitamin, or Pepto-Bismol you will need to **stop THREE (3) days** before your test. **Take last dose on** _____.

The Day before your Test; eat a normal breakfast.

From 12:00 noon until 10 pm you can only have clear liquids. This includes apple juice; broth; green, yellow or orange jello; water; Gatorade; tea; sprite; 7-Up and black coffee.

Purchase one (1) bottle of magnesium citrate from the pharmacy; does not require a prescription. Drink the entire bottle at **5:00 pm the night prior** to test.

DO NOT eat or drink anything **after 10:00 pm**. This includes ALL medication.

Abstain from smoking **24 hours prior** to undergoing Capsule Endoscopy.

Male patients should shave their abdomen 6 inches above and below the navel on the day of the test.

All patients should wear a two-piece outfit; **ladies**, please no dresses.

Day of Capsule Endoscopy

If you take medication in the morning, you will need to wait at least two (2) hours after the test has started to resume your medications.

Please arrive at WGA at the prescribed time, and will need to return back the same day around 4:00 pm or _____ pm.

The SensorArray will be applied to your abdomen with adhesive pads and will be connected to the DataRecorder that you will wear in a belt pocket around your waist. Following pad application, you will be instructed to ingest the Capsule.

After ingesting the Capsule, DO NOT eat or drink for at least two (2) hours. After four (4) hours you may have a light snack. After the test is completed you may return to your normal diet.

After ingesting the capsule and until it is excreted, you will need to avoid any source of powerful electromagnetic fields such as MRI or amateur (ham) radio. Occasionally, some images may be lost do to radio interference. On rare occasions this may result in the need to repeat the examination.

DO NOT disconnect the equipment or remove the belt at any time during the examination. Since the Data Recorder is actually a small computer; it should be treated with the utmost care and protection. Please avoid sudden movement and banging of the recorder.

The capsule is passed naturally in the bowel movement, usually within about 24 hours. It does not need to be retrieved, and can safely be flushed down the toilet. Occasionally, the capsule lights will still be flashing. Should you be concerned that the capsule did not pass, in the absence of any symptoms, an x-ray of the abdomen can be obtained after 3 days to confirm its passage. Please notify your doctor of any concerns.

***CONTACT YOUR PHYSICIAN IMMEDIATELY IF YOU SUFFER FROM ANY ABDOMINAL PAIN, NAUSEA, OR VOMITING DURING OR FOLLOWING THE CAPSULE ENDOSCOPY.**